

Candle Making Activity

This activity should be done on tables and preferably close to a sink.

What Materials You'll Need

- Silicone cupcake molds
- 8 small white round candles
- Food Coloring
- Essential Oils
- Toothpicks
- Candle Wicks
- Hot plate or stovetop
- Pot or pan
- Table cloth
- Paper towels (for cleanup)
- Knife or box cutter
- Hot glue gun

Activity Time

30 minutes

Instructions

1. Talk to youth about candle-making rules that you've created for your home. For example, if youth need to stay off the carpet while making candles, explain those rules and make sure they understand why.
2. Set up a place to cool the candles before your class begins. If you have multiple participants, they may finish at different times and you don't want to have to leave the instruction area to keep finding places to place candles.
3. Cut the 8 round small white candles out of the original molds and make sure you remove the original wicks because they can later be placed in the silicone cupcake molds as wicks for remade candles.
4. Take the wicks removed from the original candle rounds and hot glue one to the bottom of each silicone cupcake mold.
5. Then tie the wick string to the center of a toothpick and place the toothpick across the top of the silicone mold, to keep the wick from falling to the bottom of the mold when we pour in the hot candle wax.
6. After all the candle wax is removed from the original molds place the candle wax in to the pan/pot and melt over low heat.
7. After completely melted, add the food coloring of your choice.
8. Then add one or two drops of essential oils into the wax and it mix together still on a low heat.
9. Once everything is combined pour the hot candle wax into the silicone cupcake molds and leave to dry in drying area.



10. Once everyone has finished, go over the reflection questions with participants.

Reflection Questions

- Did you enjoy this activity?
- Is there a different way you'd like to make candles?
- Do you think we could layer colors in our candles with this recipe?

